



AM Lessons by our Specialist Teachers

Letters in blue: Japanese

Letters in black: English

Class	Mon	Tue	Wed	Thu	Fri
Mon, Tue, Wed, Fri Explorers 10:00-10:30 Adventurers 10:30-11:00 Pioneers 10:30-11:00 Thu Explorers 10:30-11:00 Adventurers 10:00-10:30 Pioneers 10:00-10:30	Kids Lifesaving to Nurture Strong Minds and Bodies	Art that fosters sensitivity and creativity (English)	Music and Piano to develop basic musical skills	Dance to broaden your expression (English)	Exercises to develop instantaneous force and balance
	Lifesaving Association Top Athletes 	Ms Mioko Mochizuki Brock 	Ms Showko Tanaka Concert Pianist 	Ms Vivian Professional Dancer 	Mr Ochiai Former Professional Baseball Player in US 